Welcome to Path to Purpose – Video Transcript

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Welcome to Path to Purpose. This guide will walk you through setting goals, adding facets, and aligning time and money resources in the application to begin achieving success.

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Track how you spend your time daily.

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Enter the amount of time you waste daily that we determined from using previous activities.

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Reclaim wasted time by optimizing your daily routine. Type the amount of wasted time you have decided to reclaim by spending that time on achieving your goals.

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Name your goal to provide a clear focus.

Let's take a look at an ambitious example. Fill in the text box with "Climb Mount Everest."

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Add your goal, which we will then start breaking down into manageable facets.

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Below the Select a Goal section, there is a Virtual Bucket List:

- Climb Mount Kilimanjaro (500600 hours)

- Write a Novel (1,0001,500 hours)

- Run a Marathon (300500 hours)

- Travel the World (2,0003,000 hours)

These can also be added to the list of goals automatically once they are added to your bucket list.

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Navigate back to the goal details section.

Lets enter the total cost associated with your goal.

Input "12,000" in the available field to indicate an approximate cost of $12,000.

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Add facets to your goal for a comprehensive plan.

Name your facet.

Write "Build core strength" in the specified field to define the facet a mini-goal to help you climb Mount Everest.

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Specify activities related to the facet.

Submit "Get physically fit" in the appropriate field.

Enter the total time required for the facet.

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Specify the cost associated with the facet.

View and manage the timeline for Goal 1.

Enter your current savings for goal planning this is how much money you currently have available to put towards achieving the facet.

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Fill in "2000."

Utilize the Time Suggestion Tool for effective planning.

Choose a category for your goal.

Lets try using the Select a Goal feature. You can select a category and a goal.

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Fill in a text box with:

"Select a Goal Lose 20 Pounds, Run a 5K, Build a Gym Habit."

Get time suggestions for goal planning.

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Navigate back to the goal details section.

Enter the total cost for Goal 2.

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View and manage the timeline for Goal 1.

Add facets to Goal 2 for a comprehensive plan.

Name the facet for Goal 2 to define specific actions.

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Type "Learn to speak the language" in the given field.

Enter the total time required for the facet of Goal 2.

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Specify the cost associated with the facet of Goal 2.

Write "150" in the specified field.

View and manage the timeline for Goal 2 and add facets.

Select a timeframe for Goal 2.

Submit "6 months, 1 year, 18 months, 2 years" in the appropriate field.

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View and manage the timeline for Goal 1.

Save your progress and view the results.

Export your goals and facets to a PDF file.

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In this guide, you learned how to enter your predefined goals, add facets, and utilize resources such as the Time Suggestion Tool effectively in the Path to Purpose application to enhance your path to success.