

# Dream Board Image Planner

Plan the images and environments for your dream board before you build it.  
Use your goal lists from the previous exercises as your starting point.

## How to use this worksheet:

1. Write one goal per row (from your lifetime, 3-5 year, or six-month lists).
2. Describe the image you want to represent that goal. Be specific: what does it look like?
3. Describe the background or environment. Where are you? What surrounds you?

MY GOAL	IMAGE DESCRIPTION	BACKGROUND / ENVIRONMENT	SOURCE <small>(mag/web/AI/photo)</small>
1.			
2.			
3.			
4.			
5.			
6.			

## Tips for choosing images:

- Pick images where you can see yourself in the scene, not just objects.
- Think about the emotion you want to feel when you look at the image.
- Real photos you edit (like the passport example) are more powerful than stock images.
- For magazine boards: collect more images than you need, then narrow down.
- For digital/AI boards: describe environments in detail for better results.